



Arcola Lunch Menu December 2020



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Menus are subject to change without notice

All meals will come with a daily selection of fruit & fresh vegetables.

Daily Vegetable	Daily Vegetable	Daily Vegetable	Daily Vegetable	Daily Vegetable
Baby Carrots	Broccoli Florets	Grape Tomatoes	Sliced Cucumbers	Black Beans

Garden Salads Available EVERYDAY!

7 Chicken Patty Sandwich Sunbutter & Jelly 1% Milk	8 Turkey & Cheese Sandwich Sunbutter & Jelly 1% Milk	9 Deli Ham Sub Sunbutter & Jelly 1% Milk	10 Chicken Patty Sandwich Sunbutter & Jelly 1% Milk	11 Sunbutter & Jelly Sandwich 1% Milk
14 Chicken Nuggets Hummus Pack 1% Milk	15 Deli Ham Sub Hummus Pack 1% Milk	16 Turkey & Cheese Sandwich Hummus Pack 1% Milk	17 Chicken Nuggets Hummus Pack 1% Milk	18 Three Cheese Sandwich 1% Milk
21 Chicken Patty Sandwich Sunbutter & Jelly 1% Milk	22 Turkey & Cheese Sandwich Sunbutter & Jelly 1% Milk	23 Deli Ham Sub Sunbutter & Jelly 1% Milk	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL

**You Spoke
&
We Listened!**

**No-Cost
Meal Pickup
is
CHANGING!**

**Same
location
(Arcola
Planetarium)
but -**

**DIFFERENT
TIME!**

**Pick up is
now
Monday -
Thursday
from
4pm - 6pm
only.**

**MEAL PRICES
ARE AT
NO COST!!**

All offerings are COMPLETE meals

Every meal consist of: Entree, 1/2 cup daily fruit, 3/4 cup daily vegetable, & 8oz. milk

For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at: www.methacton.org/aramark or scan this QR code!



Students who qualify for free or reduced price lunch, also qualify for free or reduced price breakfast!

This institution is an equal opportunity provider. For further information on our Nondiscrimination Statement, please visit: <http://www.methacton.org/Page/16336>

This institution is an equal opportunity provider. For further information on our Nondiscrimination Statement, please visit: <http://www.methacton.org/Page/16336>